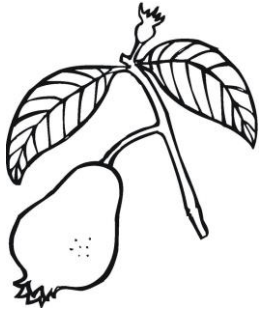


Tous ces aliments contiennent de la **vitamine C**. Amuse-toi à les colorier.



la goyave



le cassis



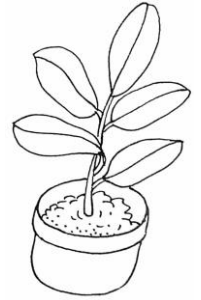
le persil



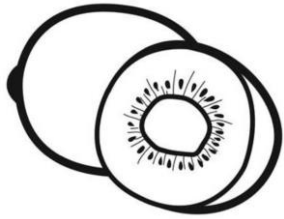
le poivron



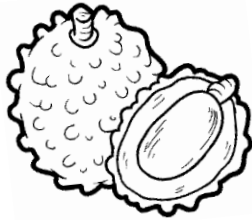
les baie de goji  
séchée



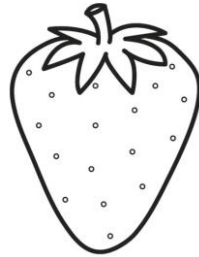
les herbes  
aromatiques fraîches



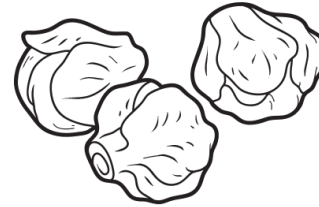
le kiwi



le litchi



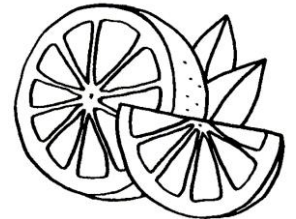
la fraise



le chou de Bruxelles



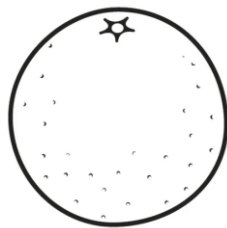
le chou-fleur



le citron



le muesli aux fruits



le pamplemousse



la groseille



les épinards



le brocoli



la mangue